

The New York Times

Six New Gyms to Get Fit in New York



Tone House athletes sprint to the finish line on the astro turf in the gym. CreditTone House

Tone House

32 East 31st Street, NoMad

Founder

Alonzo Wilson, 37, a former Division II defensive lineman and Wilhelmina fitness model.

Pitch

A jungle gym for those still harboring fantasies of being a professional athlete. A 7,800-square-foot studio opens next month.

Tribe

Models like Nina Agdal of Victoria's Secret, along with hypercompetitive men who are comfortable in tights.

Price

\$35 for an hour-long class; \$500 monthly